



BOB DELANEY

Bob Delaney was a highly decorated New Jersey State Trooper. During his law enforcement career he went deep undercover (3 years) for an Organized Crime (Mafia) investigation infiltrating two mob families in the 1970's. His book, "COVERT" (USA Today best book of year list) outlines his undercover life and the toll it took personally. His second book, "Surviving the Shadows", is an insightful exploration of PTS. He has presented his unique message of hope and healing to military, law enforcement and emergency service workers around the world. Weaving his perspective with the studies of doctors engaged in pioneering PTS work, he equips those exposed to trauma and their families with the vital knowledge and important tools to help along the healing journey.

As a PTS/ Operational Stress authority and advocate he has been interviewed by numerous media outlets including Dr. Sanjay Gupta — CNN. He was awarded the 2010 President's Volunteer Service Award for his PTS work with U.S. & NATO military members. He has visited Troops in Iraq, Afghanistan, Landsstuhl Medical Center, Europe, Asia, Canada and U.S. bases/posts sharing his PTS / Operational Stress education and awareness message.

THE IMPACT OF OPERATIONAL STRESS ON RELATIONSHIPS

In this session, the speaker will share his personal experiences with the cumulative impacts of operational stress. Participants will hear strategies for identifying the symptoms as well as what happens when symptoms are ignored. Bob is an engaging storyteller that uses multiple forms of media to detail his experiences with operational stress.